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im ESV Lokomotive Potsdam e V Sportgelände an der Glienicke Brücke Berliner Str 67 14467 Potsdam Goju- Ryu Karate-Do Lehrgang in Potsdam mit Prof Dr Franz Diemand 6 Dan Wilson Sturm 4 Dan Herrmann Haberkern 3 Dan und Enrico Haberkern 2 Dan am 10.11. August 2013 Ziel des Lehrgangs ist ein altersgerechtes und individuelles Training Goju-Ryu Kihon und Kata sowie Berührungspunkte mit dem Wettkampfkarate DKV-So...

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